

Alcohol & Drug Recovery

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Magdalen House 1302 Redwood Cir Dallas, TX 75218	214-324-9261	7:30am - 9:00pm Monday - Friday Provides women with a safe environment to detox from alcohol addiction. Openings are filled on a first come first serve basis. Applicants must call the number provided to speak with the house supervisor.
Nexus Recovery Center 8733 La Prada Drive Dallas, TX 75228	214-321-0156	9:00am - 5:00pm Monday - Friday Intake Line Provides inpatient, outpatient, and extended recovery program to women, women with children, and female adolescents. Call the number to complete the intake process
Twenty Four Hour Club 4636 Ross Avenue Dallas, TX 75204	214-823-3200	Provides a 12 month transitional housing program to men and women suffering from alcohol addiction. Program includes housing, food, classes, and job placement. Call to learn more about the intake process.

Child Care

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
ChildCare Group Corporate Office 8585 N. Stemmons Frwy, Suite 600 Dallas, TX 75247	214-630-5949	Monday – Friday 7:30am - 5:30pm Non-Profit organization that provides financial assistance for child care to low-income parents. Can apply online. www.childcaregroup.org/Parents/index.html Provides Employment, Job Seeker, and Child Care Assistance Services. Search by zip code to find a location near you to apply: www.twc.state.tx.us/dirs/wdas/wdamap.html
Texas Workforce Commission Texas Work Force MLK Center 2922 MLK Jr Blvd Dallas, TX 75215	214-920-3663 214-421-2460	Monday- Friday 8am-5pm Provides Employment, Job Seeker, and Child Care Assistance Services.
Texas Work Force Town Market Center 2707 Stemmons Frwy Ste 150 Dallas, TX 75207	214-920-3663	Monday- Friday 8am-5pm Provides Employment, Job Seeker, and Child Care Assistance Services.
Texas Work Force 3402 Buckner Blvd Ste 308 Dallas, TX 75228	972-288-2703	Monday- Friday 8am-5pm Provides Employment, Job Seeker, and Child Care Assistance Services.
City of Dallas Child Care Assistance 2922 Martin Luther King Jr. Blvd Dallas, TX 75215	214-670-8258	8:00am – 5:00pm Monday – Friday Provides child care subsidies to parents who meet eligibility requirements including residing in the city of Dallas, choose

Camp Fire USA
4411 Skillman
Dallas, TX 75206

214-824-1122

child care facility in Dallas, have legal custody of enrolled child, and gross income of all adults meet financial limits.

Call to complete a phone interview

8:00am - 5:00pm Monday - Friday (Administrative Hours)

Provides affordable after-school care to children ages 5-12 in the Dallas area. Call to enroll and to find the nearest location.

Child Health Insurance

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Texas Health and Human Services Commission 1349 Empire Central, Suite 400 Dallas, TX 75247	<p>CHIP hotline 1-800-647-6558</p> <p>4 ways to apply for CHIP: 1. Via this website http://www.chipmedicaid.org</p> <p>2. Phone 877-543-7669 Answered from 8 am to 8 pm</p> <p>3. By mail: Print application here www.texkid.org or pick up an application at a local HEB pharmacy.</p> <p>4. Call 214-871-5065 Community Council of Greater Dallas Monday – Friday 8:30am to 5:00pm</p>	<p>Children's Health Insurance Program for families with uninsured children. The programs offer health care benefits, including regular checkups and dental care. CHIP prenatal coverage, offers health services for unborn children of women who qualify.</p> <p>Benefits include: Prescription drug coverage, Dentist visits, Doctor visits, check-ups and vaccinations, Emergency and hospital care, Eye exams & glasses.</p> <p>For a complete list of benefits please visit the link below: www.chipmedicaid.org/english/cover.htm www.insurekidsnow.gov</p> <p>Website provides information and answers regarding Children's Medicaid and CHIP. Locates doctors and dental providers accepting CHIP.</p>
Insure Kids Now	1-877-543-7669	

Child Support

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Dallas County Child Support Office George Allen Sr. Courts Building 600 Commerce St. Suite 128 Dallas, TX 75202-6632 See also "Legal Services"	214-653-7584	Business Hours are Monday through Friday from 8:00 A.M. to 4:30 P.M. except for the County Holidays.

Counseling

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
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		<p>8:00am - 5:00pm Telephone Office Hours Call for specific locations and to schedule appointments.</p>
<p>Child & Family Guidance Center 8915 Harry Hines Blvd Dallas, TX 75235</p>	<p>214-351-3490</p>	<p>Provides child, adolescent, and adult therapy; including play therapy, psychiatric therapy, and substance abuse counseling. Services are at a sliding scale fee, reduced cost, or free depending on financial situation.</p>
<p>Dallas Children's Advocacy Center 3611 Swiss Ave Dallas, TX 75204</p>	<p>214-818-2600</p>	<p>8:30am - 5:00pm Monday- Friday</p> <p>Provides therapy to child victims of abuse or trauma. Therapy can be individual or family therapy.</p>
<p>Metrocare Services 1380 River Bend Drive Dallas, TX 75247</p>	<p>214-743-1200</p>	<p>8:00am - 5:00pm Monday- Friday</p> <p>Provides mental health services to adults, children, those with autism, and those with disabilities. Services are covered by state insurance policies including Medicaid, NorthStar, and Medicare. Private pay patients are services are seen on a sliding scale based on their income.</p>
<p>Galaxy Center 1025 South Jupiter Road Garland, Texas 75042</p>	<p>972-272-4429</p>	<p>9:00am - 9:00pm Monday- Thursday 9:00am - 5:00pm Friday 9:00am - 3:00pm Saturday</p> <p>Provides low-cost mental health services; including play therapy, group therapy, psychological testing, individual counseling, and couples counseling.</p>
<p>Victims Outreach</p>	<p>214-358-5173</p>	<p>24-hour crisis hotline for children, adolescent, and adults that have been victims of rape, kidnapping, physical abuse, sexual abuse, stalking, and domestic abuse. Clients will have the opportunity to establish on-going counseling.</p>
<p>Parkland Victim's Intervention Program 5201 Harry Hines Blvd Dallas, TX 75235</p>	<p>214-590-2926 24-Hour Hotline 214-590-0430</p>	<p>8:00am - 8:00pm Monday- Thursday 8:00am- 4:30pm Friday-Saturday</p> <p>Provides crisis counseling and victim support to women, men, and teens who have experienced family violence, intimate partner violence, or sexual assault. Client privacy and safety are ensured through strict confidentiality measures.</p>
<p>ADAPT Mobile Crisis Team</p>	<p>1-866-260-8000</p>	<p>Free mental health mobile team available 24/7 for residents in the Dallas and surrounding counties. Will come on site to assess clients and can make referrals for counseling, mental health and substance abuse providers.</p>
		<p>9:00am – 9:00pm Monday – Thursday</p> <p>8:00am – 5:00pm Friday</p>
<p>Irving Family Advocacy Center 600 W. Pioneer Dr. Irving, TX 75061</p>	<p>972-721-6530</p>	<p>8:00am – 5:00pm Friday</p> <p>Provides family, individual, group, and marriage counseling. Parenting classes available. New clients must pick up application at the receptionists desk and leave it in the drop box. An intake coordinator will call with an appointment time.</p>

Domestic Violence

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Genesis Shelter	214-942-2998– counseling 24-7 Crisis Hotline 214-946-HELP (4357)	Must call the hotline number first followed by a 20 minutes question session to determine eligibility. Once approved you have access to there on site therapist, shelters and a case manager. Maximum 6 weeks stay. Main office where you can speak to a caseworker: Monday – Friday 8:00am to 5:00pm
Mosaic Family Services	214-821-5393 (main office number) 24/7 Hotline: 214-823-4434 www.mosaiccservices.org	Hotline and shelters are open 24/7 Provide services for domestic violence abuse, refugees and HIV positive individuals. Their shelter mainly serves immigrant women who are victims of human trafficking. Counseling and legal help is also provided. Maximum of 45-day stay. Offer emergency shelter, onsite counseling, children's programming, transportation and referrals for job training skills and legal assistance. Hotline is open 24/7
Salvation Army	214-424-7208 24/7 Hotline	Services offered: Transitional housing, Emergency shelter, BIPP, and prevention with school age children.
The Family Place	24/7 Hotline: 214-941-1991	Services offered: Transitional housing, Emergency shelter, BIPP, and prevention with school age children.
New Beginning Center, INC	24/7 Hotline: 972.276.0057 Hotline is open 24/7	

Education

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
YW of Metropolitan Dallas 4144 N. Central Expy Ste 580 Dallas, TX 75204	214-584-2335	Please call to for locations, times, and to enroll. Provides free financial education including budgeting, savings, credit reports, 401ks, IRAs, and a time to meet one-on-one with a financial advisor. Classes are held throughout Dallas County. Conducts Continuing Education and Tax Credit Education courses throughout Dallas County. www.ywcadallas.org/financialempowerment.asp

<p>Wilkinson Center 3402 N. Buckner Suite 302 Dallas, TX 75228</p>	<p>972- 284-0311</p>	<p>Call to learn about the YW's IDA (Individual Development Account), matched savings account, program.</p> <p>www.ywcdallas.org/IDA.asp</p> <p>Please call or email Rachael Berhe at rachael_berhe@wilkinsoncenter.org to locate classes in local area.</p> <p>Provides GED, ESL, computer literacy, and career workshop classes.</p> <p>Please call or email Kamala Kannan kamala@goodwilldallas.org for times and location of classes</p>
<p>Goodwill Dallas 3020 N. Westmoreland Dallas, TX 75212</p>	<p>214-638-2800 x140</p>	<p>Provides vocational and computer training classes. 8:00am - 5:00pm Monday - Friday Business Hours</p> <p>Class dates, times, and locations vary. Call the number to locate active classes.</p>
<p>LIFT (Literacy Instruction for Texas) 2121 Main Street, Suite #100 Dallas, TX 75201</p> <p>Vickery Meadow Learning Center</p>	<p>214- 824-2000</p>	<p>Provides adult literacy classes, GED prep courses, ESL classes, and family literacy classes. Classes are free; workbooks range from \$10-\$25 .</p> <p>8:00am - 5:00pm Monday- Friday Business Hours Class dates and times vary.</p>
<p>North Campus: 6329 Ridgcrest Dallas, TX 75231</p>		<p>Provides various English literacy classes throughout the year. Must register in person at either campus. First come first serve basis.</p>
<p>West Dallas Campus: 1018 Gallagher Dallas, TX 75212</p>	<p>214-265-5057</p>	<p>Classes are free; students are asked to pay \$25 for textbooks. Scholarships available if needed.</p> <p>ESL Classes</p> <p>6:30pm - 8:30pm Tuesday & Thursday (at NDSM location)</p> <p>9:30am - 11:30am Monday, Tuesday, Thursday, & Friday Santa Monica Apartments, 9874 Dalecrest Drive, Dallas</p>
<p>North Dallas Shared Ministries 2875 Merrell Street Dallas, TX 75229</p>	<p>214-358-8700</p>	<p>All classes are free.</p>

Food Pantry

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
North Texas Food Bank	214-270-2026	<p>Website with an overview of all 12 programs provided by the NTFB. To locate one of Member Agencies near your area, please visit the website. ntfb.org/ma_find.cfm</p> <p>Monday 12:00pm - 7:00pm Tuesday- Thursday 12:00pm - 5:00pm</p>
Resource Center Dallas 2701 Reagan Dallas, TX 75219	<p>Main Line 214-528-0144 Food Pantry 214-521-3390</p>	

<p>Operation Hope Food Pantry 3119 Pine Street Dallas, TX 75215</p>	<p>214-565-9136</p>	<p>Resources only available to Resource Center Clients Under 300% of the poverty level (based on the number of individuals in the family) and being HIV positive. Take the first 12 individuals starting at 9:30am and again at 1pm. A referral is necessary from your case manager. Registration takes place on Tuesday and Wednesday from 9:00am to 3:00pm. Food will be given every Thursday from 9:30am to 1:00pm. You will need to bring your Social Security or Birth Certificate, ID or Drivers License, proof of income, and proof of residence for everyone you are registering. Monday - Thursday 9:00am - 11:00am</p>
<p>Fellowship Dallas 9330 N. Central Expy Dallas, TX 75231</p>	<p>214-739-3881</p>	<p>Must live in area code 75231 or 75230, proof of address, and have a valid ID. You can visit the Pantry a maximum of 3 times per year. 8:30am – 11:00 am and 12:30pm - 1:30pm Monday - Friday</p>
<p>Brady Social Service Center 4009 Elm St Dallas, TX 75226</p>	<p>214-826-8330</p>	<p>Offers emergency food assistance to low come families in East Dallas and Mesquite only. 10:00am – 1:00pm Monday, Wednesday, Friday</p>
<p>Cross Family Center 4906 Bonnie View Dallas, TX 75241</p>	<p>Food Pantry: 214-375-3715 By appointment only</p>	<p>Food pantry for zip codes 75216 & 75241 11:00am First Wednesday of every month</p>
<p>West Dallas Multipurpose Center 2828 Fish Trap Rd Dallas, TX 75212</p>	<p>214-670-6530 By appointment only</p>	<p>Must be Dallas county resident, families with children NOT receiving WIC, pregnant woman NOT receiving WIC, or senior citizens at least 60 years of age. Must supply proof of age, residence, and income. 9:00am– 6:0pm Monday & Thursday 9:00am -3:00pm Friday</p>
<p>Network of Community Ministries 741 S. Sherman St. Richardson, TX 75081</p>	<p>972-234-8880</p>	<p>Offers emergency food assistance for residents of 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75251, 75252, 75243, 75244</p>

[Wilkinson Center](#)

3402 N. Buckner Suite 302
Dallas, TX 75228

214-821-6380

Richardson East Church of Christ
1504 E. Campbell Road
Richardson, TX 75081

972-231-8231

[Irving Cares](#)

440 S. Nursery Rd
Irving, Tx 75060

972-721-9181
Appointments only

Mesquite Social Services
1035 Military Pkwy
Sunnyvale, TX 7519

972-285-3000

Methodism's Breadbasket
6211 East Grand Ave
Dallas, TX 75223

214-887-3926

Oak Cliff Churches for Emergency Aid
6000 S. Hampton Rd.
Dallas, TX 75232

214-943-7757

Cedar Hill Food Pantry
403 Houston St
Cedar Hill, TX 75104

972-293-2822

9:00am - 12:30pm Monday -
Thursday

Provides one week of food per
month per client.

12:00pm - 2:30pm Tuesday &
Thursday

6:30pm - 7:30pm Wednesday

Food Pantry for residence in
zipcodes 75231, 75238, 75240,
75240, 75243, 75254, 75248, 75042,
75044, 75080, 75081, 75082

9:00am - 3:00m Monday - Friday

Please bring proof if Irving
residency, valid photo ID, and Social
Security card.

8:00am - 2:00pm Monday - Friday

Walk-ins welcome

Food pantry for residents living in
zip codes 75149, 75150, 75180,
75181, 75182, 75159, 75043,
745217, 75180, 75181, 75182,
75043, 75217

Monday, Tuesday, & Thursday
10:00am - 12:00pm and 1:00pm -
3:00pm

Closed Wednesday & Fridays

Provides clothes and food assistance
to residence of zip codes 75206,
75210, 75215, 75217, 75218, 75223,
75228. Must provide proof of zip
code residence, valid photo ID,
documentation of all members of
the household, and verification of
household income.

9:30am - 12:30pm Monday- Friday

Provides food assistance to
residents of Oak Cliff in zip codes
75203, 75208, 75211, 75212, 75216,
75224, 76232, 75233, 75236, 75237,
75241, 75249.

Must provide valid photo ID and
proof of Oak Cliff residence.

Applications taken:

- 1:00pm – 3:30pm
Monday, Wednesday
- 9:00am – 11:00am Friday
- 10:00am – 12:30pm
Saturday

Organization	Address	Phone	Hours	Notes
Metrocrest Social Services	1111 Beltline Rod Suite 100 Carrollton, TX 75006	972-446-2100		Food Distributed: <ul style="list-style-type: none">1:00pm – 4:00pm Monday, Wednesday9:00am – 12:00pm Friday10:00am – 1:00pm Saturday May need to provide current pay stub, rent/mortgage agreement, current gas/electricity bill, Social Security card for all household members, copies of drivers license for all household drivers, proof of children attending Cedar Hill ISD, entitlement certificate (SNAP, TANF, etc), & proof of other unearned income.
Hope Center	1401 S. MacArthur Irving, TX 75060	972-790-4116		8:00am – 5:00pm Monday – Friday Provides emergency food assistance for those living in Carrollton, Farmers Branch, Addison, Coppell, and zip code 75287 10:00am - 3:00pm Monday & Thursday Provides emergency food assistance for Irving residence 8:30am - 11:00 Saturdays
Northgate United Methodist Church	3700 W. Northgate Irving, TX 75062	972-252-8519		Provides emergency food assistance and clothing assistance for Irving residence. Must provide ID and valid proof of Irving residence. New clients must arrive before 1:00pm
Baptist Benevolent Food Ministry	114 E. Second Street Irving, TX 75060	972-254-0973	10:00am- 1:45pm Tuesday - Friday	Provides emergency food assistance for Irving residents and close family members. Must provide proof of Irving residence and legal documentation (SSN, birth certificate, or Medicaid/Medicare card) for all family members. 10:00am - 12:00pm 1st & 3rd Saturdays of each month.
St. Luke's Catholic Church	204 S. MacArthur Irving, TX 75060	972-259-3222		Provides emergency food and clothing assistance. Please bring valid ID. 9:30am - 12:30pm Saturdays
Fish& Loaves	2620 W. Grauwlyer Rd Irving, TX 75061	972-790-2121		Provides emergency food assistance. First time recipients must complete application during first visit. Must have proof of Irving residency, have valid photo ID of

[City Square](#)

409 North Haskell
Dallas, TX 75246

214-823-8710

[Crossroads Community Services](#)

1822 Young St.
Dallas, TX 75201

214-560-2511

[Duncanville Outreach Ministry](#)

202 Cherry Street
Duncanville, TX 75138

972-296-4986

Goslin Opportunity Center
125 Sunset Avenue
Dallas, TX 75208

214-942-6407

families members of 18 years of age, and have legal documentation of children under 18 (birth certificate, SSN, or Medicaid card)

9:00am – 3:00pm Tuesday – Friday
Provides food assistance once a month to families. Please bring Texas ID, Social Security Card, and proof of residency. For all children under 18 years of age please provide Social Security card and birth certificate.

8:30am -12:00pm Monday – Thursday

Lines begin to form at 7:30am – first come first serve basis

Provides food assistance once a month for qualifying individuals. The following are requirements:

- Have residence in the City of Dallas (752__ zip code)
- Low income
- Original picture ID for all in household (*age 18 and older*)
- Original birth certificate for all in household (*younger than 18*)
- Current lease (*naming ALL household residents*) or tax/mortgage statement
- Current proof of residence (*current electric or water bill, rent receipt with apartment stamp*)

9:30am – 12:30pm Monday – Friday
Provides emergency food assistance to residents of 75116 & 75137. Please bring drivers license, social security card, and current utility bill.

9:00am- 11:30am & 1:00pm – 3:00pm Monday – Friday

Closed Tuesday morning
Serves zip codes 75203, 75208, 75211, 75216, 75224.

Please provide a picture ID for all adults, some form of ID for all children, and proof of address if different from ID.

People That Care-
Shady Grove Church
Grand Prairie, TX 75051

214-262-8318

10:00am – 2:30pm Monday

9:00am – 2:30pm Tuesday- Thursday

Office will close if limit is reached prior to 2:30.
Serves primarily Grand Prairie residents.

9:00am – 11:30am Monday – Friday

Provides emergency assistance to families once a month.

St. Michael the Archangel Catholic Church
950 Trails Parkway
Garland, TX 75043

972-279-6581

Clients must have address identification and live within the following zip codes: 75040, 75041, 75042, 75043, 75044, 75047, 75088, 75089, 75149, 75150, 75159

9:00am - 5:00pm Monday- Friday

His Hands Extended Outreach
1017 South Cedar Hill Road
Cedar Hill, TX 75104-3767

469-272-9820

Provides emergency food assistance to families. Also provides holiday/seasonal assistance as applicable.

The Emergency Aid Center operating hours are:

Monday – Friday 9:30 A.M. – 3:00 P.M.

Saturday 9:00 A.M. – 11:30 A.M.

Monday Evening (1st & 3rd) 6:00 – 7:30 P.M

[North Dallas Shared Ministry](#)

2875 Merrell Road
Dallas, TX 75229

972-620-8696

NDSM serves the following zip codes: 75001, 75204, 75205, 75209, 75219, 75220, 75225, and 75229. 75230, 75231, 75234, 75235, 75240, 75244, 75247, 75248, 75251, 75252, 75254, 75287

8:00 am - 5:00pm Monday - Friday

Friendship House
801 W. Avenue D
Garland, TX 75040

972-272-1010

Provides food to low-income families in need. Must bring current proof of residence (ex. utility bill) and a picture ID.

9:00am - 3:00pm Tuesday,

Wednesday, Thursday

6:00pm - 8:00pm Thursday Evening

9:00am - 3:00pm Friday (Senior Citizens Only)

Sharing Life Community Outreach
3544 E. East Emporium
Mesquite, TX 75050

972-285-5819

Provides food assistance for the following zipcodes: 75149, 75150, 75180, 75181, 75182, 75043, 75126, 75159, 75217, 75227, 75228, 75253

Head Start/ Early Start

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
		8:00am - 5:00pm Monday - Friday
		http://hsgd.org/
Head Start of Greater Dallas 3954 Gannon Lane Dallas, TX 75237	972-283-6400	Call the number or go to the website to find a local Head Start center.
Gannon Center 3950 Gannon Lane Dallas, TX 75237	972-283-7700	8:00am - 5:00pm Monday- Friday Excluding Holidays
Lake June Head Start Center 9030 Lake June Road Dallas, TX 75217	214-398-9696	8:00am - 5:00pm Monday- Friday Excluding Holidays
Lakewest Head Start Center 3737 Goldman St Suite 100 Bldg B Dallas, TX 75212	214-267-0542	8:00am - 5:00pm Monday- Friday Excluding Holidays
Lancaster Kiest Head Start 3200 S. Lancaster Road Suite 301-308 Dallas, TX 75216	214-374-5534	8:00am - 5:00pm Monday- Friday Excluding Holidays
Roseland Homes Head Start 2011 N. Washington Ave Dallas, TX 75204	972-284-0040	8:00am - 5:00pm Monday- Friday Excluding Holidays
Sunnyview Head Start Center 2927 Stag Road Dallas, TX 75241	214-372-8421	8:00am - 5:00pm Monday- Friday Excluding Holidays
Bachman Head Start Center 3641 W. Northwest Hwy Dallas, TX 75220	214-357-5782	8:00am - 5:00pm Monday- Friday Excluding Holidays
Clifton Head Start Center 3950 Pleasant Run Road Irving, TX 75038	972-261-2828	8:00am - 5:00pm Monday- Friday Excluding Holidays
Ferguson-Oates Head Start 2345 Oates Drive Dallas, TX 75228	214-324-2831	8:00am - 5:00pm Monday- Friday Excluding Holidays
Grand Prairie Head Start 550 S. Carrier Parkway Suite 500 Grand Prairie, TX 75051	972-237-4434	8:00am - 5:00pm Monday- Friday Excluding Holidays
Kinkeade Head Start Center 2333 Cameron Place Irving, TX 75060	972-273-6521	8:00am - 5:00pm Monday- Friday Excluding Holidays
Pierce Early Childhood School 901 North Britain Road Irving, TX 75061	972-554-3721	8:00am - 5:00pm Monday- Friday Excluding Holidays
Robbie Wilkerson Jones Head Start 1920 Walnut Plaza Carrollton, TX 75006	972-416-1595	8:00am - 5:00pm Monday- Friday Excluding Holidays

AM Brooks Head Start 6502 Military Parkway Dallas, TX 75227	214-275-2050	8:00am - 5:00pm Monday- Friday Excluding Holidays
Brookhaven Head Start 3939 Valley View Lane Farmers Branch, TX 75244	972-331-9565	8:00am - 5:00pm Monday- Friday Excluding Holidays
David's Place Head Start 1000 S. Carroll Ave Dallas, TX 75223	214-823-3309	8:00am - 5:00pm Monday- Friday Excluding Holidays
East Dallas Head Start 4220 Junius Street Dallas, TX 75246	214-824-2223	8:00am - 5:00pm Monday- Friday Excluding Holidays
Margaret H. Cone Head Start 2919 Troy Street Dallas, TX 75210	214-217-3170	8:00am - 5:00pm Monday- Friday Excluding Holidays
Mesquite Head Start 650 Lee Street Mesquite, TX 75149	214-231-1511	8:00am - 5:00pm Monday- Friday Excluding Holidays
Science Place II Head Start 1620 1st Ave Dallas, TX 75210	214-426-1188	8:00am - 5:00pm Monday- Friday Excluding Holidays
Socorro Gonzales Head Start 2525 Lucas Drive Dallas, TX 75219	214-443-4230	8:00am - 5:00pm Monday- Friday Excluding Holidays
West Garland Head Start 3709 West Walnut Street Garland, TX 75042	972-485-1140	8:00am - 5:00pm Monday- Friday Excluding Holidays
Mi Escuelita at Buckner 5200 S. Buckner Dallas, TX 75227	214-319-3460	8:00am - 5:00pm Monday- Friday Excluding Holidays
Mi Escuelita At Cockrell Hill 4031 W. Clarendon Dr Dallas, TX 75211	214-330-5240	8:00am - 5:00pm Monday- Friday Excluding Holidays
Mi Escuelita at Crossover 4231 Maple Ave Dallas, TX 75219	214-526-0220	8:00am - 5:00pm Monday- Friday Excluding Holidays
Mi Escuelita at St. Matthews 1609 N. Henderson Ave Dallas, TX 75206	214-828-6226	8:00am - 5:00pm Monday- Friday Excluding Holidays

Health Clinics

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
YW of Metropolitan Dallas 4144 N. Central Expy, Ste 580 Dallas, TX 75204	214-584-2341	Provides free mammograms, diagnostic testing if abnormal results, education, case management, and transportation to appointment if needed.

		<p>Call for specific clinic locations, dates, times, and to schedule an appointment.</p>
		<p>Clients must be uninsured/underinsured, 35-64 years old, not have a mammogram in the past 12 months, be without affordable medical insurance, live in Dallas county, and be within 200% FPL.</p>
		<p>www.ywcadallas.org/womenshealth.asp</p>
		<p>8:00am - 12:00pm (Sept- May) 7:30am - 4:00pm Thursday 7:30am - 12:00pm Friday Saturday 8:00am - 12:00 (Immunization)</p>
<p>Grace United Methodist Church Agape Clinic 4105 Junius Dallas, TX 75246</p>	<p>214-824-2533</p>	<p>First come first serve Agape is a walk-in clinic that provides primary care for acute and chronic illness in children & adults.</p>
<p>Dallas County Clinic Sexually Transmitted Diseases 2377 Stemmons Freeway Dallas, TX 75207</p>	<p>214-819-1819</p>	<p>8:00am - 4:30pm Monday - Thursday 8:00am - 4:30pm Friday Provides treatment for STD's and related issues</p>
		<p>8:00am - 4:00pm Monday - Friday Call for closest location and hours</p>
<p>Dallas County Clinic Immunizations 2377 Stemmons Freeway Dallas, TX 75207</p>	<p>214-819-2163</p>	<p>Serves children 18 years and younger. Cost: \$10 first visit, \$5 subsequent visits No child will be denied services.</p>
<p>Baylor College of Dentistry 3302 Gaston Avenue Dallas, TX 75246</p>	<p>214- 819- 1819</p>	<p>Provides dental low cost dental services. Must call on Wednesdays to make an appointment</p>
		<p>Medical Clinic- Adults and Children: Tuesday & Thursday 5:00 P.M. (Start Time)</p>
		<p>Immunization Clinic Tuesday 10:30 AM</p>
		<p>Women's Clinic- Breast and Pelvic Exams Wednesday (1 t & 3rd) 5:30 P.M. (Start Time)</p>
		<p>Bring a valid photo ID for all adults in household, birth certificates &/or SSNs for all members of household, and proof of zip code residency.</p>
<p>North Dallas Shared Ministries 2875 Merrell Rd Dallas, TX 75229</p>	<p>972-620-8696 Walk-Ins</p>	<p>NDSM serves the following zip codes: 75001, 75204, 75205, 75209, 75219, 75220, 75225, and 75229. 75230, 75231, 75234, 75235, 75240, 75244, 75247, 75248, 75251, 75252, 75254, 75287</p>
		<p>8:30am - 5:00pm Monday – Thursday</p>
		<p>8:30am – 4:00pm Friday</p>
<p>The Bridge Breast Network 3600 Gaston Ave, Suite 401 Dallas, TX 75246</p>	<p>214-821-3820</p>	<p>Offers diagnostic mammograms, biopsies, and sonograms. Also offers treatment for breast cancer including surgery, chemotherapy, and radiation to uninsured or underinsured</p>

in Collin, Dallas, Denton, Ellis, Erath, Grayson, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, and Tarrant county.

Must have a breast health concern (lump, pain, discharge)

Must not have breast implants

Must be equal or less than 250% FPL \$20 application fee

Medical Clinic 8:30am – 4:30pm Monday-Thursday

Dental Clinic 8:00am – 2:00pm Monday, Tuesday, Thursday

Healthcare accepting private insurance, Medicaid, Medicare, and sliding scale fees for uninsured. Income must be at or below 200% FPL.

Dental clinic only serves zip codes

75032, 75040, 75041, 75042, 75043, 75044, 75087, 75149, 75150, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75231, 75243, and 75253.

www.missioneastdallas.org

Medical Clinic 8:30am – 4:30pm Monday-Thursday

Dental Clinic 8:00am – 2:00pm Monday, Tuesday, Thursday

Healthcare accepting private insurance, Medicaid, Medicare, and sliding scale fees for uninsured. Income must be at or below 200% FPL.

Dental clinic only serves zip codes

75032, 75040, 75041, 75042, 75043, 75044, 75087, 75149, 75150, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75231, 75243, and 75253.

www.missioneastdallas.org

Must bring documentation during new patient hours

New Patient Hours

9:00am – 4:00 pm Monday – Friday

Closed from 12:00pm – 1:00pm for lunch

Provides medical services to those without insurance, Medicaid, Medicare, or a Parkland product. Patients must be at or below 200% FPL.

Must provide proof of residency (utility bill or lease), valid photo ID, and a pay stub.

Only serves zip codes 75231, 75238, 75243, 75080, 75081

Mission East Dallas
2914 Oates Drive
Dallas, Texas 75228

972-682-8917

Hope Clinic of Garland
808 W. Ave A
Garland, TX 75044

972-485-9292

Healing Hands Ministries
7475 Skillman, Suite 103B
Dallas, TX 75231

214-221-0855

Irving Interfaith Clinic
1711 W. Irving Boulevard
Suite 115
Irving, TX 75061

972-254-2700

New Patient Registration

9:00am – 2:00pm Monday, Wednesday, Friday

Primary Care Clinic

4:00pm to 8:00pm Thursdays

Other Clinic hours vary monthly

Provides low-income Irving residence with primary care, primary dental care, and specialized clinics. Patients must be at or below 200% FPL. Patients must provide proof of Irving residence (utility bill or lease) and proof of income (check stubs, income tax return, letter from employer).

Must complete new patient registration for appointment

New Patient Registration

9:00am – 2:00pm Monday – Friday

Provides primary care, optometry, chiropractic, dental, and hygienic services to Grand Prairie low-income residence

Must be at or below 125% FPL for medical services and at or below 185% FPL for dental services.

Must provide valid photo ID, SSN if applicable, utility or lease payments, and proof of income with employers name and address.

Must reside in Grand Prairie.

Call to make initial appointment

Monday – Thursday 10:00am – 12:00am

Clinic hours

Tuesday- Thursday 6:00pm – 8:30pm

Provides acute primary care for adults and children without insurance, school physicals, and immunizations.

Cost is \$10/visit; however no one is turned away due to inability to pay.

Call for specific clinic days and hours of operation

Grand Prairie Wellness Center 1710
Small Street
Grand Prairie, Texas 75050

972-266-9123

Metrocrest Family Medical Clinic 1
Medical Parkway Plaza 1
Suite 140
Dallas, TX 75234

972-484-8444

Los Barrios Unidos Community Clinic
809 Singleton Blvd
Dallas, TX 75212

Medical:214-651-8739

Dental: 214-651-8693

Provides adult medicine, pediatrics, adolescent, dental, WIC, mental health, and prenatal care for those with private insurance, Medicaid, Medicare, and sliding scale fees for those who are uninsured.

8:00am- 5:00pm Monday- Friday
24 hour answering service

Locations and times vary around Dallas County

Parkland Community Oriented
Primary Care Clinics 214-584-0100
5201 Harry Hines Bld.
Dallas, TX 75235 214-266-2100

Northgate United Methodist Church
3700 W. Northgate Dr.
Irving, TX 75062 972-252-8519

2435 Clinic
Irving Bible Church
2435 Kinwest Parkway
Irving, Texas 75065 972-443-3328

Acute, general, short-term, and specialized care, including extensive emergency, surgical, medical, maternity, psychiatric and pediatric services. Comprehensive social work available.

3rd Tuesday of every month
8:30am - 11:30am Well Child Clinic
1:30pm - 3:30pm Immunization Clinic

Must provide ID and valid proof of Irving residence.

6:00pm- 8:30pm Wednesdays

Provides basic medical care and health educations.
No residency requirements.
No appointment necessary.

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
2-1-1 Texas Information and Referral Line	2-1-1 www.211texas.org	Call center available 24 hours a day to provide referrals for community resources and state benefits.
Dallas County Health and Human Services	214-819-2000 www.dallascounty.org	8am – 5pm Monday– Friday Primarily focus on Rent, Shelter, Utilities and Food Assistance for low income or disabled individuals. English and Spanish.
Community Council of Greater Dallas	214-954-4213 www.ccgd.org	8:30am – 5pm Monday – Friday Provides information about service providers in the community. Assists individuals with application for CHIP, Medicaid, TANF, Food Stamps.

Job Training & Placement

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Metrocrest Social Services 1111 Belt Line Road, Suite 100 Carrollton, TX 75006	972-446-2100	8:00am – 5:00pm Monday – Friday Provides individual career counseling, employment skills training, and referrals to other agencies to residence of Carrollton, Farmers Branch, Addison, Coppell, and zip code 75287.
Jewish Family Service of Greater Dallas 5402 Arapaho Road Dallas, 75248	972-437-9950	8:30am – 8:00pm Monday, Tuesday, Wednesday 8:30am-6:00pm Thursday 8:30am – 5:00pm Friday Provides career counseling, tests and assessments, psychiatric consultation, services for special needs clients, and career networking.

<p>The Wilkinson Center " CareerWorks" 3402 N. Buckner Suite 302 Dallas, TX 75228</p>	<p>214-821-6380</p>	<p>Times and locations vary</p> <p>Provides classes and education on career development, job readiness, and job searching. 8:00am – 5:00pm Monday- Friday</p>
<p>Goodwill Industries of Dallas, Inc 3020 Westmoreland Rd Dallas, TX 75212</p>	<p>214-638-2800</p>	<p>Days & times of classes vary</p> <p>Vocational Services programs include assessment, remedial education, job training, job coaching, career placement, and supported employment for individuals with various barriers to employment, including welfare-dependency, homelessness and illiteracy.</p> <p>9:00am - 3:00pm Tuesday, Wednesday, Thursday 6:00pm - 8:00pm Thursday Evening 9:00am - 3:00pm Friday (Senior Citizens Only)</p>
<p>Sharing Life Community Outreach 3544 E. East Emporium Mesquite, TX 75050</p>	<p>972-285-5819</p>	<p>Provides job training and computer training classes for the following zipcodes:75149, 75150, 75180, 75181, 75182, 75043, 75126, 75159, 75217, 75227, 75228, 75253</p>

Legal Services

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
<p>Dallas Bar Association LegalLine 2101 Ross Avenue Dallas, TX 75201</p>	<p>214-220-7476</p>	<p>On the 2nd and 3rd Wednesday of each month, The Dallas Bar Association sponsors LegalLine, an anonymous telephone hotline with volunteer attorneys to answer legal questions for FREE from 5:30 p.m. until 8:00 p.m. There are Spanish-speaking attorneys when available. Callers are welcome to call with ANY kind of legal question.</p>
<p>Legal Aid Society of Texas 8300 Lemmon Ave. Dallas, TX 75209</p>	<p>214-352-5757</p>	<p>8:30am to 5:00pm Monday – Friday</p> <p>Call to set up an appointment or get phone advice regarding debt collection, foreclosure and eviction cases.</p>
<p>Better Business Bureau-Dallas</p>	<p>214-220-2000</p>	<p>24 hour hotline</p> <p>Mediates disputes between businesses and consumers.</p>
<p>Dallas County Public Defender Public Defender Frank Crowley Courts 133 N. Riverfront Blvd 9th Floor Dallas, Texas 75207</p>	<p>214-653-3550 By appointment only</p>	<p>:8:00am - 4:30pm Monday – Friday</p> <p>www.dallascounty.org/department/pubdefender/pd_index.html</p> <p>Help is offered on case-by-case basis.</p> <p>Every Tuesday and Thursday from 12:00pm to 4:00pm Attorneys are available to answer any questions you may have over the phone.</p>
<p>Legal Aid of Northwest Texas</p>	<p>214-744-5277 or 214-748-1234 www.lanwt.org</p>	<p>Also sponsors the Pro Se Family Law Clinic, Debt Counseling Clinic, Legal Clinic for the Elderly, Mental Health Law Clinic, Wills Clinic, and Neighborhood Legal Clinics.</p> <p>Requirements: You must meet the household income eligibility guidelines and must be a legal resident unless you are a victim of domestic violence.</p>

Disability Rights Texas
1420 W. Mockingbird
Lane

Suite 450
Dallas, TX 75247 214-630-0916

Spanish speaking attorneys are available. Legal Clinics are offered throughout Dallas County - please call 214-748-1234 or 214-698-1106

Provides assistance to persons who are discriminated because of their disability.

Wesleyan Innocence
Project
1515 Commerce St
Fort Worth, TX 76102

www.innocenceproject.org

National litigation and public policy organization dedicated to exonerating wrongfully convicted individuals through DNA testing and reforming the criminal justice system to prevent future injustice.

To submit a case, follow the online instructions.

Dallas County Public
Defender

Juvenile Division
2600 Lone Star Drive,
Suite A-132, LB2
Dallas, Texas 75212

214-698-4400

By appointment only

8:00am - 4:30pm Monday – Friday

www.dallascounty.org/department/pubdefender/pd_index.html

Help is offered on case-by-case basis.

Dallas County Public
Defender
Family Division George
Allen Courts

600 Commerce Street,
Suite 465-G

214-653-6153

Dallas, Texas 75202 By appointment only

8:00am - 4:30pm Monday – Friday

www.dallascounty.org/department/pubdefender/pd_index.html

Help is offered on case-by-case basis.

9:00am - 5:00pm Monday- Thursday

9:00am - 12:00pm Friday

Wednesday is New Client Intake

City Square-
Urban Justice Center
Legal Actions Works
Center

511 N. Akard St, Suite
302
Dallas, TX 75201

214-827-1000

Call for an appointment &
verify income eligibility

\$25 consultation fee

<http://citysq.org/LAW/>

Legal counseling for civil or family court issues is provided on a sliding scale fee for residents of zip codes: 75203, 75204, 75206, 75210, 75214, 75215, 75216, 75223, 75226, 75227, 75246

8:30am - 4:30pm Monday - Friday

10:30am - 1:30pm Saturday

Fathers for Equal
Rights

1525 Elm St, Suite 870
Dallas, TX 75202

214-953-2233

Walk-Ins welcome

Lawyer referral program for family law matters – sliding scale is available.

Texas Legal Services
815 Brazos, Suite 1100
Austin, TX 78701

1-800-622-2520

Provides advice for low-income individuals regarding Medicaid, Medicare, and public benefits.

Dallas Legal Hospice
3626 N. Hall
Suite 820
Dallas, TX 75219

214-521-6622

Addresses health related, civil legal needs of low income individuals diagnosed with a terminal illness.

Immigration and Legal Services

Open Tuesday – Saturday every week,
except the last Saturday of each month.

Consultations for first time persons begin each day at 12:30 p.m.,
and appointments will be distributed beginning at 8 am each day.

Catholic Charities of
Dallas

9461 LBJ Suite 100
Dallas, TX 75243

214-520-6590

214-634-7182

\$30 Fee if issue is non-deportation

\$60 Fee if issue is deportation

Download a schedule at
<http://www.catholiccharitiesdallas.org/>

Miscellaneous

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Baby Loss Comfort	http://www.babylosscomfort.com/grief-resources/	On line support for mothers dealing with baby miscarriage, stillbirth, neonatal loss, or SIDS
M.E.N.D. (Mothers Enduring Neonatal Death)	www.mend.org	Christian organization for moms who have experienced miscarriage, stillbirth, early infant death (Irving) Support group information on website.

Parenting & Children

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
YW of Metropolitan Dallas 4144 N. Central Expy Suite 580 Dallas, TX 75204	214-584-2322	8:00am - 5:00pm Monday - Friday (Business Hours) Nurse-Family Partnership (NFP) is a program for women who are having their first baby. A highly educated nurse visits you in your home throughout your pregnancy and until your baby is 2 years old. Your nurse will tailor services to your individualized needs. www.ywcadallas.org/nursefamilypartnership.asp 8:00am - 5:00pm Monday - Friday
Child Abuse Prevention Center 4210 Junius Street Dallas, TX 75246	214-370-9810	CAP Center's mission is to prevent the cycle of child abuse by equipping the parents and caregivers for success. CAP provides Home Mentoring Programs and Parenting Education Programs to residents of Dallas County. www.childabusepreventioncenter.org 8:00am - 5:00pm Monday - Friday
Children & Family Institute 5787 S. Hampton Rd Suite 360 Dallas, TX 75232	214-337-9979	Provides permanent homes to children in need and support services for families residing in the state of Texas. Services Include Child birth classes, parenting classes, support groups, career planning, financial education, anger & stress management, relationship counseling, adoption education, community referrals. www.CFladopt.org
Parenting Alone 1455 MacArthur Blvd Suite 248 Carrollton, TX 75007	972-242-7100	8:00am - 5:00pm Monday - Friday (Business Hours) Support Groups & Classes vary in dates & times Provides support to single parents in the Dallas metroplex area. Services include a journey coach, counseling, parenting & financial

education, and support groups.

www.parentingalone.org

Public Housing

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Dallas Housing Authority 3939 North Hampton Road, Dallas, TX 75212	214-951-8300 www.dhadal.com	8:00am - 5:30pm Monday-Thursday 8:00am - 12:00pm Friday
Dallas County Health and Human Services - Dallas County Housing Agency 377 N. Stemmons Freeway Dallas, Texas 75207	214-819-1871	Section 8 Housing GoSection8.com is the largest rental listing service for Section 8 housing program tenants, landlords and public housing agencies in the United States. If you currently have a Section 8 voucher they offer lists of landlords who will accept it. 9:00am – 5:30pm Monday - Friday
Go Section 8 Website	www.gosection8.com	
Housing Crisis Center 4210 Junius Street Dallas, TX 75246	214-828-4244	Provides legal information for tenants, short-term housing, long-term housing, and limited permanent housing assistance.
Central Dallas Community Development 511 North Akard Street Suite 301 Dallas, TX 75201-6601	214-573-2570	Provides affordable loft apartments in a safe environment to those that qualify. Call or visit the apartments for application process.
Dallas Area Habitat for Humanity 2800 N. Hampton Rd Dallas, TX 75212	214-678-2300	Provides permanent housing for qualifying families. Must have a need for shelter, willingness to partner, and ability to pay. The website provides income requirements: www.dallasareahabitat.org 8:00am – 5:00pm Monday - Friday
	214- 670-4385	Provides funds to those who are at risk of becoming homeless, are homeless, have no appropriate subsequent housing options have been identified, and lack the financial resources and networks needed to obtain immediate housing or remain in existing housing.
Homeless Prevention and Rapid Re-Housing Program	Or 214-670-5220	Eligible participants must have initial consultations with a case manager, provide documentation to prove being at risk of homelessness or being homeless, be evaluated every three months, and be a U.S citizen or legal resident. Eligible participants must be at or below 50% Federal Poverty Line.

8:00am- 5:00pm Monday- Friday

North Texas Housing
Coalition
2900 Live Oak
2nd Floor
Dallas, TX 75204 214-946-3500

Provides information and education on home ownership preparedness and home ownership preservation.

Provides free foreclosure workshops within the Dallas region.

Baby items/supplies

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Pregnancy & Adoption Services Catholic Charities of Dallas 9461 LBJ Freeway, Suite 110, Dallas, TX 75243	(214) 526-2772	Mon – Fri: 8:30 am - 5pm; Closed Sat – Sun Baby supplies on a monthly basis pregnant and mothers with children under the age of one.

Shelters

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Austin Street Center 2929 Hickory Street Dallas, TX 75226	214-428-4242	11:00am - 2:00pm & 4:00pm for Females 18 yrs of age and older; with or without children 4:00pm for Males over age 45 Check out at 6:00am Provides emergency shelter for those who are homeless. Pathway to productivity transitional living program for those who qualify. Chapel, medical services, and after school program for shelter residents. Must provide ID. Check In: 4:30pm -6:00pm daily
Dallas Life Foundation 1100 Cadiz Street Dallas, TX 75215	214-421-1380	Provides emergency shelter for men, women, and children. Must provide ID and Social Security number for all members of the family. If married, must provide valid marriage certificate. Limit 2 pieces of luggage. Meals and clothing provided to residents. Check In: 3:00pm - 6:00pm daily
Union Gospel Mission Men's Shelter 3211 Irving Blvd. Dallas, TX 75247	214-637-6117	Provides emergency shelter services to men. Meals, showers, and worship available. Two-year rehabilitation program available to residents.
Union Gospel Mission Women & Children's Shelter	214-638-2988	Check In: 9:30am - 12:00pm& 1:00pm- 4:00pm Monday- Friday 1:00pm - 4:00pm Saturday & Sunday



4815 Cass Street
Dallas, TX 75235

Provides emergency shelter services to women and children. Meals, showers, and worship available. Two- year rehabilitation program available to residents.

Emergency Shelter for runaway and abandoned youth ages 10-17. Call number for intake process

Promise House
224 W. Page Ave
Dallas, TX 75208

214-941-8578

Wesley Inn Program:

Shelter for pregnant or parenting youth ages 14-20. Able to live in safe housing up to two-years receiving support and education services. Call number for intake process.

The Bridge
1818 Corsicana Street
Dallas, TX 75201

214-670-1100

Provides emergency shelter services to men, women, and children 24/hours a day.

Family Gateway
711 South St. Paul Street
Dallas, TX 75201

214-741-6515

Provides shelter and transitional housing to families with children; helping them become self-sufficient.

Provides emergency and transitional housing to women and children who are victims of domestic violence. Call the hot line for information and referrals.

The Family Place

214-941-1991

8:00am - 1:00pm Monday- Friday

Must make appointments during these hours at the front desk.

The Stewpot
408 Park Avenue
Dallas TX 75201

214-746-2785

Provides support services to the homeless population in Dallas; including medical assistance, meals, identification assistance, and case management.

Social Security, Disability, & Unemployment

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Social Security Administration	1-800-772-1213 http://www.socialsecurity.gov/	Appointment Necessary 9am – 4pm Monday – Friday except Federal Holidays Website where you can apply for benefits, estimate your future benefits, check on the status of your application, and find a local Social Security office near you. Provides information on Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) 9am– 4pm Monday – Friday except Federal Holidays
Social Security Local Office 3231 M L King Jr Blvd Dallas, TX 75210	1-800-772-1213	Visit the link below to a list of documents you may need for your particular situation. http://www.socialsecurity.gov/pgm/links_ssi.htm
Texas Workforce Commission	972- 339-6200	Call or go to website to file unemployment claim http://www.twc.state.tx.us/

Taxpayer Assistance

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
IRS Taxpayer Assistance Center 1100 Commerce Dallas, TX 75242	214-413-6010 1-800-829-1040 for	Monday-Friday - 8:30 a.m.-4:30 p.m. No appointments, walk in assistance only. Multilingual assistance is available in every office.

	personal tax issues		
	1-800-829-4933 for business tax issues		Other sources available at: www.irs.gov
	Must call first to establish a case:		
	1-877-777-4778		Open 8:00am to 4:30pm Monday – Friday They do not fill out tax returns. They only expedite the problem solving process, and must show proof of hardship to qualify for services.
Taxpayer Advocate Service 1114 Commerce St., Room 1004, Dallas, TX 75242	Local Dallas office: 214-413-6500		The AARP offers senior citizens and middle to low income taxpayers free income tax help from February until April 15.
AARP Tax Aid- Located at various Public Libraries	214-670-1359- Oak Lawn Branch		
Southern Methodist University School of Law Low Income Taxpayer Clinic 3315 Daniel Ave. Dallas, TX 75205	214-768-8299		Monday – Friday 8:30pm – 5:00pm Provide free tax related legal services over the phone or referrals for certain situations. Spanish and English. On the 2nd and 3rd Wednesday of each month, The Dallas Bar Association sponsors Legalline, an anonymous telephone hotline, where volunteer attorneys will answer your tax related legal questions for FREE by answering phone calls from 5:30 p.m. until 8:00 p.m. Spanish and English.
Dallas Bar Association LegalLine 2101 Ross Avenue Dallas, TX 75201	214-220-7476		VITA sites will complete your tax return for free for individuals or households with income lower than \$49,000. Assistance is provided in multiple languages. Free Tax assistance program for the Dallas area residents. Call or view website for locations. www.unitedwaydallas.org/eks/EKS.FindFreeTaxHelp.html
VITA Volunteer Income Tax Assistance Program	1-800-906-9887		
United Way Earn It! Keep It! Save It!	1-800-829-1040		
Catholic Charities Of Dallas 9461 LBJ Freeway Suite 128 Dallas, Texas 75243	214-826-8330		Free tax assistance during the months of January - May for elderly and low-income families (\$50,000 annually or less).
Metrocrest Social Services 1111 Beltline Road, Suite 1000 Carrollton, TX 75006	972-446-2100		Free tax assistance through the VITA program during tax season

Texas Health & Human Services (THHS) Offices for: TANF, Food Stamps, and Medicaid

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Texas Health and Human Services Commission (THHS)	1-877-541.7905	To fill out an application online or search by zip code to find a local office near you go to: https://www.yourtexasbenefits.com/wps/portal
THHS 1010 Cadiz Building B- Suite 110 Dallas, TX 75215	214-421-7722	7:30am – 5:00pm Monday –Friday Specific to ZIP Codes 75207, 75212, 75215, 75315, 75371
THHS 440 S. Nursery Rd. Suite 200 Irving, TX 75208	972-579-3080	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75019, 75038, 75039, 75060, 75061, 75062, 75063
THHS 302 W. Ninth Street Dallas, TX 75208	214-942-2323	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75203 & 75208



THHS 1111 W. Ledbetter Suite 400 Dallas, TX 75224	214-372-6370	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75211, 75224, 75233, 75236, 7537
THHS 10939 B Shady Trail Dallas, TX 75220	214-351-6231	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75001, 75006, 75007, 75008, 75220, 75229, 75234, 75235, 75244, 75247, 75248, 75252, 75257, 75275, 75287, 76042
THHS 2020 N. Masters Dr. Dallas, TX 75217	972-216-0087	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75217, 75227, 75228
THHS 1228A E. Ledbetter Dallas, TX 75216	214-372-4671	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75134, 75136, 75146, 75216, 75232, 75239, 75241, 75339
THHS 1467 Acton Ave Duncanville, TX 75137	972-709-8075	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75104, 75115, 75116, 75137, 75138, 75146, 75154, 75237, 75249
THHS 5455 Blair Dallas, TX 75231	214-750-4619	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75205, 75209, 75214, 75225, 75230, 75231, 75251, 75254, 75372, 75382
THHS 801 W. Freeway Suite 300 Grand Prairie, TX 75051	972-795-6500	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75050, 7501, 7502, 75053
THHS 3910 Gaston Ave Suite 200 Dallas, TX 75246	214-827-5210	7:30am – 5:00pm Monday –Friday Specific to ZIP Codes: 75201, 75202, 75204, 75206, 75210, 75219, 75221, 75223, 752226, 75246
THHS 3306 W. Walnut Suite 200 Garland, TX 75042	972-272-0889	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75042, 75044, 75045, 75046, 75047, 75048, 75080, 75081, 75082, 75083, 75089, 75238, 75243
THHS 6500 NW Drive Suite 300 Mesquite, TX 75150	972-681-9778	8:00am – 5:00pm Monday –Friday Specific to ZIP Codes: 75040, 75041, 75043, 75088, 75150, 75182, 75185, 75218
North Texas Food Bank 4500 S. Cockrell Hill Road Dallas, TX 75236	214-269-0901	8:00am - 5:00pm Monday - Friday Provides free assistance with applying for Food Stamps for those residing in Collin, Dallas, Delta, Denton, Ellis, Fannin, Grayson, Hopkins, hunt, Kaufman, Lamar, Navarro and Rockwall County. Call or email for more information.

Utility Assistance, Rent & Mortgage Assistance

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
Dallas County Comprehensive Energy Assistance Program 2377 N. Stemmons Fwy Suite 60	214-819-1848	8 a.m. and 5 p.m., Monday through Friday. Take appointments starting at 8am until they have been filled. The Comprehensive Energy Assistance Program (CEAP) is a utility assistance program designed to assist low-income households in meeting their immediate energy needs, and to encourage consumers to control energy costs through energy education



Dallas, Texas
75207-2710

Dallas County
Weatherization
Program
2377 N.
Stemmons Fwy
Suite 200
Dallas, Texas
75207

214-819-1909

8 a.m. and 5 p.m., Monday through Friday.

Must call first to have an application mailed to you including all requirements for eligibility. Income eligibility 200% of federal poverty limit or below

Offers financial assistance to weatherize your home and reduce the cost of your monthly utilities. Example, Repair broken glass, install installation, perform duct diagnostics, etc.

8:00am - 5:00pm Monday - Friday

Provides low-income individuals with reduced cost electric service from months May-September.

Those on Medicaid and/or Food Stamps automatically qualify.

Also eligible if at 125% Federal Poverty Level.

1-866-454-8387

Lite Up Texas

www.puc.state.tx.us

Call number to self-enroll.

8:00am - 5:00pm Monday- Friday

Provides low-income individuals with reduced cost basic telephone service. Those receiving benefits through Medicaid, Low-Income Home Energy Assistance Program support, Food stamps, Federal Public Housing Assistance, Supplemental Security Income (SSI), and Health Benefit Coverage under Child Health Plan (CHIP) automatically qualify.

Also eligible if at 150% Federal Poverty Level

1-866-4LITEUP (866-454-8387)

Lifeline Program

www.puc.state.tx.us

Call number to self-enroll

8:00am – 5:00pm Monday- Friday

Provides low-income individuals with a free cell phone and free minutes.

Those receiving benefits through Medicaid, Low-Income Home Energy Assistance Program support, Food stamps, Federal Public Housing Assistance, Supplemental Security Income (SSI), and Health Benefit Coverage under Child Health Plan (CHIP) automatically qualify.

Also eligible if at 150% Federal Poverty Level

1-800-977-3768

SafeLink Program

www.safelinkwireless.com

Cannot receive LifeLine benefits & Safelink- must select which to receive.

9:00am– 6:00pm Monday & Thursday

2:00pm – 4:pm Tuesday

9:00am -3:00pm Friday

www.thenetwork.org

Network of
Community
Ministries

741 S. Sherman
St.

Richardson, TX
75081

972-234-8880 by appointment
only

Offers emergency utility, rental, bus tickets and prescription assistance for residents of 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75251, 75252, 75243, 75248

8:00am – 5:00pm Monday - Friday

Appointments made Mondays beginning at 9:00am until filled

Must make an appointment, the wait for an available appointment ranges from 2 weeks to 1 month.

West Dallas
Multipurpose
Center

2828 Fish Trap Rd
Dallas, TX 75212

214-670-6530 by appointment
only

Offers emergency gas, water electric bill assistance to low income families. ZIP Code specific, call for details.



<p>Lancaster Outreach Center 1120 Randlett Lancaster, TX 75146 972-227-0138</p>	<p>9:00am – 1:00pm Mon-Fri Offers emergency gas, water electric bill assistance to low income families living in zip codes 75134, 75146, 75141, 75172</p>
<p>Dallas County Housing Program 2377 N. Stemmons Fwy Suite 724 Dallas, Texas 75207 214-819-6060</p>	<p>8:30am – 5:00pm Monday – Friday The County's Emergency Rental Assistance Program provides short-term rental assistance to the disabled indigents who do not receive social security, workers compensation or other disability benefits.</p>
<p>Brady Social Service Center – Catholic Charities 4009 Elm St Dallas, TX 75226 214-826-8330</p>	<p>8:00am - 4:30 pm Mon. – Fri. business hours Appointments made Mondays at 8:30am for the week. Offers emergency rent assistance to low income families in East Dallas and Mesquite only.</p>
<p>Cross Family Center – Catholic Charities 4906 Bonnie View Dallas, TX 75241 214-376-2560</p>	<p>8:30am – 4:30pm Monday- Friday Offers emergency rent assistance to low income families in zip codes 75217, 75232, 75241 only</p>
<p>Grand Prairie United Charities 1417 Densman Grand Prairie, TX 972-262-2014 75051 Call to verify eligibility</p>	<p>9:00am – 3:00pm Monday - Friday Last sign-in taken at 2:00pm Offers emergency rent assistance for residents living in 75050, 75051, 75052, 75053 and 75054.</p>
<p>Richardson East Church of Christ 1504 E. Campbell Rd Richardson, TX 972-231-8231 75081 Make appointment</p>	<p>12:00pm - 3:30pm Monday and Wednesday Make Appointments Friday at 9:00am Offers emergency rent assistance for residents living in zip codes for 75231, 75238, 75240, 75240, 75243, 75254, 75248, 75042, 75044, 75080, 75081, 75082</p>
<p>White Rock Center of Hope 10021-A Garland Rd 214-324-8996 Dallas, TX 75218 By appointment only</p>	<p>9:00am – 2:00pm Monday - Friday 6:30pm - 8:30pm 2nd and 3rd Thursday 9:00am - 12:00pm every 3rd Saturday Offers emergency rent assistance for residents living in zip codes 75228, 75218, 75214, 75223, 75238</p>
<p>Irving Community Service Center – Urban League 1425 W. Pioneer Dr. Suite 230 972-251-4054 Irving, TX 75061 By appointment only</p>	<p>8:00am – 5:00pm Monday - Friday Monday - Thursday appointments made for mornings only Try to schedule appointments on Monday mornings Offers emergency rent assistance for residents living in zip codes in city of Irving</p>
<p>Pleasant Grove Community Service Center – Urban League 3312 N. Buckner, Ste 234 214-413-1760 Dallas, TX 75228 By appointment only 972-272-4531</p>	<p>8:00am – 5:00pm Monday- Friday Make appointments Mondays between 9:00am - 11:00am Appointments made for 1st week of the month Offers emergency rent assistance for residents living in Pleasant Grove</p>
<p>Salvation Army of Garland Corps Press 2 Call to verify zip code eligibility</p>	<p>8:00am-5:00pm Monday- Friday</p>



451 W. Avenue D
Dallas, TX 75046

Mesquite Social
Services

1035 Military

Pkwy

Sunnyvale, TX
75149

972-285-3000

By appointment only

Offers emergency rent assistance for residents of Garland
Call to verify funds are available

8:00am-5:00pm Monday - Friday

Call to make appointments on Wednesdays beginning at 8:30am

Offers emergency rent assistance for residents living in zip codes 75149,75150,
75180, 75181, 75182, 75159, 75043, 745217, 75180, 75181, 75182, 75043,
75217

9:30am-12:30pm Monday - Friday

First come first serve basis

Call to verify funds are available

Duncanville

Outreach

202 Cherry St

Duncanville, TX

75116

972-296-4986

Please call for list of documentation necessary to qualify

Offers emergency rent assistance for residents living in zip codes 75116 and
75137

9:00am-3:00pm Monday - Friday

First come first serve basis

Call the day before to verify funds are available

The Bethlehem

Foundation

1159 W. Camp

Wisdom

Dallas, TX

75232

214-371-3407

Must bring valid TX photo ID, Social Security card, birth certificate and proof of
income

Offers emergency rent assistance for residents living in City of Dallas

Garland

Community

Services Center-

Urban League

222 Carver Drive

Garland, TX 75040

214-413-1720

By appointment only

8:00am – 5:00pm Monday - Friday

First come first serve basis

Call to make appointments on Mondays beginning at 9:00am

Offers emergency rent assistance for residents living in Garland – you must call
to verify if they serve your zip code

Salvation Army of

Irving

250 E. Grauwlyer

Irving, TX 75061

972-721-9503

Call to verify zip code & eligibility

8:30am - 5:00pm Monday- Friday

Call to make appointment

Offers emergency rent assistance for residents living in Irving

Irving Cares

440 S. Nursery RD

Irving, TX 75060

972-721-9181

Call to verify zip code & eligibility

9:00am – 3:30pm Mon- Fri

Offers emergency rent assistance for residents living in Irving

Family Assistance

Centers – Catholic

Charities

405 S. Hampton

Rd

Dallas, TX 75224

214-941-8596

Call on Monday mornings for an
appointment

Provides rent assistance for zip codes: 75203, 75208, 75211, 75224, 75233.

Marillac Social

Center – Catholic

Charities

2827 Lapsley

Dallas, TX 75121

214-638-4997

Appointments only

Provides rent assistance, and food pantry for zip code 75212, 75208, 75211,
75203

Call Mondays at 8:00am to make an appointment

The Emergency Aid Center operating hours are:

Monday – Friday 9:30 A.M. – 3:00 P.M.

Saturday 9:00 A.M. – 11:30 A.M.

Monday Evening (1st & 3rd) 6:00 – 7:30 P.M

North Dallas

Shared Ministries

2875 Merrell Rd

Dallas, TX 75229

972-620-8696

Call to verify zip code

NDSM serves the following zip codes: 75001, 75204, 75205, 75209, 75219,
75220, 75225, and 75229. 75230, 75231, 75234, 75235, 75240, 75244,75247,
75248, 75251, 75252, 75254, 75287

Metrocrest Social Services

1111 Beltline Road

Suite 100

Carrollton, TX

75006

972-446-2100

8:00am – 5:00pm Monday- Friday

Provides emergency assistance including rent, utilities, food, clothing, eyeglasses, and prescriptions for residents of Carrollton, Farmers Branch, Addison, and Coppell.

US Housing and Urban Development

Department

A. Maceo Smith

Federal Office

Building

525 Griffin Street,

Suite 860

Dallas, TX 75202-

5007

214-767-8300

or 214-767-8359

By appointment only

8:00am to 4:30pm Monday – Friday

Offer assistance with homeownership, rental help, foreclosure, homeless resources and talk to a housing counselor.

<http://portal.hud.gov/portal/page/portal/HUD/states/texas>

Salvation Army Emergency Family Assistance Program

5302 Harry Hines

Blvd

Dallas, TX 75247

214-424-7000

8:00am – 4:30pm Mon-Fri

Offers mortgage assistance to City of Dallas residents who have lost employment with the last 60-90 days.

9:00am - 5:00pm Monday - Friday Business Hours

Housing Crisis Center

4210 Junius Street

Dallas, TX 75246

214-828-4244

Provides telephone counseling regarding tenants legal information.

Utility assistance for clients in danger of becoming homeless and experience financial crisis in last 30 days. Must make an appointment.

9:00am - 3:00pm Tuesday, Wednesday, Thursday

6:00pm - 8:00pm Thursday Evening

9:00am - 3:00pm Friday (Senior Citizens Only)

Sharing Life Community Outreach

3544 E. East

Emporium

Mesquite, TX

75050

972-285-5819

Provides some emergency financial assistance for the following zipcodes:75149, 75150, 75180, 75181, 75182, 75043, 75126, 75159, 75217, 75227, 75228, 75253

WIC

Agency Name & Address	Telephone Website	Hours of Operation & Application Method
WIC Call Center for Dallas Texas East Dallas Health Center 3910 Gaston Suite 140 Dallas, TX 75246	214-670-7200 214-670-7200 Call for an appointment	Monday – Friday 7:30am – 5:30pm Call center and web address will direct you to the appropriate office to apply for WIC. www.dallascityhall.com/ehs/wic_program.html Website to search by Zip Code for local clinic: http://txhealth.ziplocator.com/ 7:30am - 4:30pm Monday/Wednesday/Friday 9:30am - 6:30pm Tuesday 7:30am - 4:30pm every 3rd Saturday

2377 North Stemmons Hwy #400
Dallas, TX. 75207

[Martin Luther King Jr Health](#)

2922-B MLK Jr Boulevard
Dallas, TX 75215

[Urban Inter-Tribal Center](#)

209 East Jefferson Blvd
Dallas, TX 75203

[Oak Cliff](#)

1113 E. Jefferson Blvd Ste 100
Dallas, TX 75208

[Los Barrios Unidos WIC Services](#)

809 Singleton Blvd
Dallas, TX 75212

[Meadow Park WIC Central IV](#)

10260 N Central Expwy #220
Dallas, TX. 75231

[West Dallas](#)

1050 N. Westmoreland Ste 316
Dallas, TX. 75211

[Lancaster-Kiest WIC Site](#)

2645 South Lancaster Road
Dallas, TX 75216

[City of Dallas-Northeast](#)

3302 N Buckner Blvd Ste 130
Dallas, TX 75228

[Southwest Dallas Clinic](#)

1111 West Ledbetter Ste 600
Dallas, TX 75224

[Northwest Dallas WIC Site](#)

2415 West Northwest Hwy Ste107
Dallas, TX 75220

[North Central Dallas](#)

8001 LBJ Freeway Suite 200
Dallas, TX 75251

[WIC - Southeast Dallas](#)

6925 Lake June Road
Dallas, TX. 75217

[Southeast COPC Clinic](#)

9009 Bruton Road Suite 441
Dallas, TX 75217

214-670-7200

Call for an 8:00am - 4:30pm Monday-Friday
appointment CLOSED Wednesday

214-670-7200

Call for an 7:30am - 4:30pm Monday-Friday
appointment 7:30am - 4:30pm every 3rd Saturday

214-761-0956

Call for an 8:00am - 5:00pm Monday-Thursday
appointment 8:00am - 12:00pm Friday

214-670-7200

Call for an 7:30am - 6:30pm Monday-Thursday
appointment 7:30am - 6:30pm Friday

214-941-1050

Call for an appointment 7:45am - 6:30pm Monday-Friday

214-670-7200

7:30am - 4:30pm Monday/Tues/Thurs/Friday
Call for an 9:30am - 6:30pm Wednesday
appointment 7:30am - 4:30pm every 3rd Saturday

214-670-7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm every 2nd Saturday

214-670-7200

Call for an 7:30am - 4:30am Monday- Friday
appointment 7:30am - 4:30pm 1st and 3rd Saturday

214-670-7200

Call for an appointment 7:30am-5:30pm Monday- Friday

214-670-7200

Call for an appointment 7:30am - 6:30pm Monday- Friday

214-670-7200

Call for an 7:30am - 6:30pm Monday- Thursday
appointment 7:30am - 4:30pm Friday

214-670-7200

Call for an appointment 7:30am - 6:00pm Monday- Friday

214-670-7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm 2nd and 3rd Saturday

214-670-7200

7:30am - 4:30pm Monday- Friday
7:30am - 4:30pm 2nd and 3rd Saturday

[Mesquite WIC Clinic](#)

3218 Hwy 67 (I-30) Suite 120
Mesquite, TX 75150

[West Garland](#)

302 North Barnes Drive
Garland, TX 75042

[Irving Health Center](#)

1111 W. Airport Fwy Ste 237
Irving, TX 75062

[North Irving](#)

3626 N. MacArthur Blvd Ste 225
Irving, TX 75062

[Carrollton WIC Site](#)

1235 South Josey Lane Ste 518
Carrollton, TX 75006

[East Garland](#)

3050 South 1st Suite 207
Garland, TX 75040

[Grand Prairie Health Center](#)

801 South Hwy 161 Suite 400
Grand Prairie, TX 75051

[Duncanville](#)

1110 S. Santa Fe Trail Ste. #1
Duncanville, TX 75137

[Old Denton Road](#)

3044 Old Denton Road Ste. 113
Carrollton, TX 75007

Call for an
appointment

214-670-
7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm every 2nd Saturday

214-670-
7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm every 2nd Saturday

214-670-
7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm 2nd and 3rd Saturday

214-670-
7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm 2nd and 3rd Saturday

214-670-
7200

9:30am - 6:30pm Monday
7:30am - 4:30pm Mondays after 2nd Saturday

Call for an 7:30am - 4:30pm Tuesday- Friday
appointment 7:30am - 4:30pm every 2nd Saturday

214-670-
7200

Call for an
appointment 7:30am - 6:00pm Monday- Friday

214-670-
7200

Call for an 7:30am - 4:30pm Monday- Friday
appointment 7:30am - 4:30pm 2nd and 3rd Saturday

214-670-
7200

Call for an 8:00am - 5:00pm Monday- Friday
appointment 7:30am - 4:30pm Monday after 2nd Saturday

972-446-
1507

8:00am - 11:30am & 1:00pm - 6:00pm
Call for an Monday-Wednesday
appointment 7:30am - 12:00pm & 1:00am - 4:00am Thursday